

Published based on [How To Plan A Summer Vacation With A Newborn Baby](#)

# **How To Plan A Summer Vacation With A Newborn Baby**

The car is packed with a car seat, baby blankets, a diaper bag, wipes, two bottles, a bib, and an extra change of clothes—just to drive down the block to the local grocery store. After packing all of these items for a five-block trip to the store, you start to wonder how you could ever imagine taking a newborn baby on a [summer vacation](#)?

Planning a summer vacation with a [newborn baby](#) can be quite overwhelming for many new parents. Babies are naturally high maintenance and their needs can be demanding at times. Fortunately, there are a few basic principles to keep in mind as you prepare for a summer vacation that includes a new little bundle of joy. Traveling with a newborn can be a rewarding and unforgettable summer event.

#### #1 Choose a Destination that is Baby Friendly

Adult oriented travel destinations like Las Vegas and Miami are probably not the best picks for a summer vacation with a newborn. As you plan your summer vacation, consider options that are baby friendly and offer an environment that is suitable to their needs. For example, quiet retreats and summer cabins offer a great escape from the hectic pace of life while still making room for the needs of a baby. A cabin is typically secluded, so you won't have to worry about a noisy baby bothering other guests. In addition, a summer cabin will give you the flexibility to enjoy your little one on his or her schedule. You can sleep, eat, and relax at a slow easy pace that easily accommodates a little one's schedule.

#### #2 Drive Rather than Fly to Your Destination

Flying might seem like a better option with a newborn because you can travel a farther distance in a shorter amount of time, but generally speaking, newborn babies travel better in a car. Pressurized cabins, rambunctious passengers, and crowded spaces tend to make newborn babies upset. Not to mention, you will have a car seat, a baby bed, and a whole suitcase full of baby items to try to check and store on an airplane. A car provides you with more space and a travel schedule that is flexible and less overwhelming. In addition, your newborn will already be used to the sights and sounds associated with your vehicle.

#### #3 Skip on the Beach Vacation

Newborn babies can have a small amount of sun exposure, but they do not need tons of direct sunlight. Trying to pack a large umbrella and all of the baby necessities just for a trek to the beach can be a troublesome task. In addition, you will be glued to the beach the entire time because you certainly can't leave the baby to take a quick dip in the ocean. The large amounts of sand, especially if the conditions are windy, can also wind up irritating your newborn's eyes and skin. A beach vacation is not the best option when it comes to planning a trip with a young baby.

#### #4 Pack Extra Baby Items in Case of an Emergency

Traveling with a newborn is not always predictable, so pack plenty of extra items in case of an emergency. Young babies will often go through several outfits in one day and soil diapers faster than you can change them. To avoid an unwanted catastrophe, be sure to pack multiple outfits and large packages of diapers and wipes. Having to purchase diapers and other necessities at a highway gas station can be quite expensive, and your selection will be limited.

#### #5 Supply Proper Bedding

When it really comes down to it, newborn babies need to eat and sleep, and that just about covers it all. Fortunately, this will give you the opportunity to catch up on a good book, enjoy a televised movie, or order a pleasant meal. Most importantly, you need to make sure that your little one has a comfortable and safe place to sleep. If your hotel or cabin doesn't provide cribs that are suitable for a newborn, you will need to bring your own foldable playpen. The safe sleeping environment will help you rest at ease once you've put your newborn down for a nap.

Planning a summer vacation with a newborn can be an adventure that you will store in your pleasant memory bank for the rest of your life. Taking into consideration a few key elements will help you and your newborn have a relaxing and enjoyable summer vacation.

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